

## European records - Powerlifting - men - European Powerlifting Congress

Update Nov 15.2011

Men 56 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	195,0	120,0	190,5	155,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Bench	125,5	65,0	125,5	82,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Deadlift	212,5	145,0	165,0	175,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Total	455,0	330,0	472,5	421,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

  

Men 60 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	235,0	200,0	182,5	225,0	155,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Bench	140,0	140,0	110,0	125,0	80,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Deadlift	215,5	200,0	215,0	200,0	170,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Total	580,0	540,0	492,5	550,0	405,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

  

Men 67,5 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	277,5	203,0	245,0	200,0	215,0	192,5	185,0	152,5	160,0	130,0	0,0	0,0
Bench	195,0	145,0	167,5	125,0	130,0	115,0	120,0	92,5	95,5	50,0	0,0	0,0
Deadlift	260,0	225,0	245,0	225,0	220,0	232,5	220,0	190,0	180,0	147,5	0,0	0,0
Total	725,0	565,0	650,0	520,0	550,0	540,0	525,0	400,0	420,0	327,5	0,0	0,0

  

Men 75 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	300,0	292,5	262,5	282,5	240,0	240,0	230,0	220,0	160,0	0,0	0,0	0,0
Bench	208,0	192,5	167,5	180,0	160,0	156,0	165,0	150,0	105,5	0,0	0,0	0,0
Deadlift	290,0	275,0	270,0	277,5	262,5	232,5	260,0	260,0	200,0	0,0	0,0	0,0
Total	752,5	732,5	700,0	740,0	645,0	617,0	650,0	630,0	455,0	0,0	0,0	0,0

  

Men 82,5 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	315,0	245,0	270,0	290,0	260,5	277,5	262,5	210,0	170,0	0,0	0,0	0,0
Bench	220,0	175,0	187,5	190,0	185,5	170,0	155,0	147,5	120,0	0,0	0,0	0,0
Deadlift	300,5	270,0	290,0	290,0	270,0	280,0	265,0	235,0	170,0	0,0	0,0	0,0
Total	837,5	670,0	740,0	770,0	687,5	717,5	682,5	592,5	430,0	0,0	0,0	0,0

  

Men 90,0 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	330,0	320,0	300,5	316,0	300,0	280,0	202,5	165,0	180,0	166,0	0,0	0,0
Bench	262,5	215,0	200,0	202,5	190,0	177,5	180,0	95,0	126,0	115,5	0,0	0,0
Deadlift	325,5	280,0	320,0	295,0	283,0	287,5	222,5	195,0	200,0	183,5	0,0	0,0
Total	852,5	800,0	811,0	775,0	752,5	717,5	605,0	455,0	496,0	465,0	0,0	0,0

  

Men 100 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	410,0	290,0	320,0	380,0	385,0	355,0	233,0	230,0	190,0	0,0	0,0	0,0
Bench	255,0	200,0	215,0	215,0	230,0	212,5	190,0	200,0	140,0	0,0	0,0	0,0
Deadlift	350,5	285,0	325,0	345,0	335,0	305,0	240,0	235,0	210,0	0,0	0,0	0,0
Total	972,5	760,0	817,5	945,0	927,5	872,5	642,5	610,0	526,0	0,0	0,0	0,0

  

Men 110 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	380,0	260,0	341,0	342,5	380,0	375,0	275,0	230,0	160,0	0,0	0,0	0,0
Bench	270,0	182,5	226,0	230,0	200,0	205,0	200,0	200,0	120,0	0,0	0,0	0,0
Deadlift	363,0	300,0	343,0	362,5	332,5	335,0	288,0	220,0	170,0	0,0	0,0	0,0
Total	1000,0	700,0	901,0	900,0	907,5	910,0	702,5	640,0	450,0	0,0	0,0	0,0

  

Men 125 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	420,0	287,5	380,0	347,5	350,0	342,5	320,0	320,0	0,0	0,0	0,0	0,0
Bench	268,5	200,0	260,0	235,5	227,5	237,5	165,0	165,0	0,0	0,0	0,0	0,0
Deadlift	389,0	250,0	389,0	342,5	365,0	357,5	342,5	320,5	0,0	0,0	0,0	0,0
Total	1027,5	717,5	965,0	900,0	870,0	900,0	827,5	800,0	0,0	0,0	0,0	0,0

  

Men 140 kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	415,0	0,0	400,0	340,5	350,0	373,0	345,0	345,0	0,0	0,0	0,0	0,0
Bench	275,5	0,0	315,0	210,0	210,0	240,0	188,0	178,0	0,0	0,0	0,0	0,0
Deadlift	392,5	0,0	377,5	300,0	353,5	360,0	333,0	335,5	0,0	0,0	0,0	0,0
Total	1010,0	0,0	1035,0	830,5	855,0	902,5	864,0	833,0	0,0	0,0	0,0	0,0

  

Men 140+ kg	Open	15-19	Junior	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	435,0	0,0	280,0	421,5	335,0	325,0	0,0	0,0	0,0	0,0	0,0	0,0
Bench	345,0	0,0	200,0	250,0	197,5	175,0	0,0	0,0	0,0	0,0	0,0	0,0
Deadlift	402,5	0,0	285,0	368,0	285,0	275,0	0,0	0,0	0,0	0,0	0,0	0,0
Total	1090,0	0,0	765,0	1027,0	800,0	775,0	0,0	0,0	0,0	0,0	0,0	0,0

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<b>Men 56 kg</b>	<b>Open</b>
<b>Squat</b>	195,0 Cavagna Ita
<b>Bench</b>	125,5 Tronke Ger
<b>Deadlift</b>	212,5 Mitchell GBR
<b>Total</b>	455,0 Mitchell GBR

<b>Men 60 kg</b>	<b>Open</b>
<b>Squat</b>	235,0 Cavagna Ita
<b>Bench</b>	140,0 Mouchfig Azn
<b>Deadlift</b>	215,5 Galkine Rus
<b>Total</b>	580,0 Cavagna Ita

<b>Men 67,5 kg</b>	<b>Open</b>
<b>Squat</b>	277,5 Ruairi Mc Cann IRL 02.06.11
<b>Bench</b>	195,0 Mannering GBR
<b>Deadlift</b>	260,0 Fourie Fra
<b>Total</b>	725,0 Mannering GBR

<b>Men 75 kg</b>	<b>Open</b>
<b>Squat</b>	300,0 Eccelli Ita
<b>Bench</b>	208,0 Mannering GBR
<b>Deadlift</b>	290,0 Callan GBR
<b>Total</b>	752,5 Callan GBR

<b>Men 82,5 kg</b>	<b>Open</b>
<b>Squat</b>	315,0 Peter Bartlett GBR
<b>Bench</b>	220,0 Bartlett GBR
<b>Deadlift</b>	300,5 St.Pryakhin Rus 26.06.09
<b>Total</b>	837,5 Vaccari Ita

<b>Men 90,0 kg</b>	<b>Open</b>
<b>Squat</b>	330,0 Frank Hopkins GBR
<b>Bench</b>	262,5 B.Delaney IRL 12.11.09
<b>Deadlift</b>	325,5 Donovan GBR
<b>Total</b>	852,5 Delaney, Bernard IRL 24.11.06

<b>Men 100 kg</b>	<b>Open</b>
<b>Squat</b>	410,0 Hammerton GBR
<b>Bench</b>	255,0 Coombes, Craige GBR 22.06.06
<b>Deadlift</b>	350,5 Depner Aut
<b>Total</b>	972,5 Hammerton GBR

<b>Men 110 kg</b>	<b>Open</b>
<b>Squat</b>	380,0 Bill West GBR
<b>Bench</b>	270,0 Coombes, Craig GBR 24.11.06
<b>Deadlift</b>	363,0 St.Andreev BUL 05.11.10
<b>Total</b>	1000,0 Bill West GBR

<b>Men 125 kg</b>	<b>Open</b>
<b>Squat</b>	420,0 Neighbour GBR
<b>Bench</b>	268,5 D.D.Benec Bul 03.06.11
<b>Deadlift</b>	389,0 Bolton GBR
<b>Total</b>	1027,5 R.Aghayev Azr 13.11.09

<b>Men 140 kg</b>	<b>Open</b>
<b>Squat</b>	415,0 Stoten GBR
<b>Bench</b>	275,5 Bell GBR
<b>Deadlift</b>	392,5 Bolton GBR
<b>Total</b>	1010,0 TH.Kristbergsoson Ice 16.11.08

<b>Men 140+ kg</b>	<b>Open</b>
<b>Squat</b>	435,0 S.Fossdal Ice 13.11.09
<b>Bench</b>	345,0 S.Fossdal Ice 13.11.09
<b>Deadlift</b>	402,5 Tregloan GBR
<b>Total</b>	1090,0 S.Fossdal Ice 13.11.09

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<b>Men 56 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>	120,0 J.Hough GBR 03.11.10	190,5 Tronke Ger
<b>Bench</b>	65,0 A.Steinbrecher Ger 15.11.08	125,5 Tronke Ger
<b>Deadlift</b>	145,0 J.Hough GBR 03.11.10	165,0 Lackner Aut
<b>Total</b>	330,0 J.Hough GBR 03.11.10	472,5 Tronke Ger
<b>Men 60 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>	200,0 Mushfik Azn	182,5 Morett Fra
<b>Bench</b>	140,0 Mushfik Azn	110,0 Ch.Phelps GBR 16.04.11
<b>Deadlift</b>	200,0 Mushfik Azn	215,0 Oster Bel
<b>Total</b>	540,0 Mushfik Azn	492,5 Morett Fra
<b>Men 67,5 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>	203,0 A.Jones GBR 15.11.08	245,0 R.McCann IRL 04.11.10
<b>Bench</b>	145,0 Marsden GBR	167,5 R.McCann IRL 04.11.10
<b>Deadlift</b>	225,0 Oster Bel	245,0 Gayle GBR
<b>Total</b>	565,0 Marsden GBR	650,0 R.McCann IRL 04.11.10
<b>Men 75 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>	292,5 Alexander Karpenko Rus 02.06.11	262,5 G.Smith IRL 04.11.10
<b>Bench</b>	192,5 Alexander Karpenko Rus 02.06.11	167,5 G.Smith IRL 04.11.10
<b>Deadlift</b>	275,0 Mombert Bel	270,0 G.Smith IRL 04.11.10
<b>Total</b>	732,5 Alexander Karpenko Rus 02.06.11	700,0 G.Smith IRL 04.11.10
<b>Men 82,5 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>	245,0 Jones GBR	270,0 Mario Purkarthofer Aut 26.06.08
<b>Bench</b>	175,0 Jones GBR	187,5 D.Longford GBR 05.11.10
<b>Deadlift</b>	270,0 Jones GBR	290,0 D.Longford GBR 05.11.10
<b>Total</b>	670,0 Jones GBR	740,0 D.Longford GBR 05.11.10
<b>Men 90,0 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>	320,0 D.L.Vesell Bul 02.06.11	300,5 D.Longford GBR 16.04.11
<b>Bench</b>	215,0 D.L.Vesell Bul 02.06.11	200,0 D.Longford GBR 16.04.11
<b>Deadlift</b>	280,0 Jones GBR	320,0 Mombert Bel
<b>Total</b>	800,0 D.L.Vesell Bul 02.06.11	811,0 D.Longford GBR 16.04.11
<b>Men 100 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>	290,0 Schwab Aut	320,0 P.Olason Ice 05.11.10
<b>Bench</b>	200,0 Hill, Josh GBR 24.11.06	215,0 O.Williamson GBR 26.06.09
<b>Deadlift</b>	285,0 Schwab Aut	325,0 Raynes GBR
<b>Total</b>	760,0 Hill, Josh GBR 24.11.06	817,5 R.Kastl Aut
<b>Men 110 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>	260,0 AP Gwyn, Owain GBR 25.04.04	341,0 Raynes GBR
<b>Bench</b>	182,5 Stang Ger	226,0 R.Aghayev Azn
<b>Deadlift</b>	300,0 AP Gwyn, Owain GBR 25.04.04	343,0 Raynes GBR
<b>Total</b>	700,0 AP Gwyn, Owain GBR 25.04.04	901,0 R.Aghayev Azn
<b>Men 125 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>	287,5 D.Fazzini GBR 05.11.10	380,0 Bolton GBR
<b>Bench</b>	200,0 D.Fazzini GBR 05.11.10	260,0 Buck GBR
<b>Deadlift</b>	250,0 D.Fazzini GBR 05.11.10	389,0 Bolton GBR
<b>Total</b>	717,5 D.Fazzini GBR 05.11.10	965,0 Bolton GBR
<b>Men 140 kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>		400,0 P.Logarson Ice 13.11.09
<b>Bench</b>		315,0 Victor Malyugin Rus 11.11.11
<b>Deadlift</b>		377,5 Bolton GBR
<b>Total</b>		1035,0 P.Logarson Ice 13.11.09
<b>Men 140+ kg</b>	<b>T15-19</b>	<b>Junior</b>
<b>Squat</b>		280,0 Wegscheider Aut
<b>Bench</b>		200,0 Wegscheider Aut
<b>Deadlift</b>		285,0 Wegscheider Aut
<b>Total</b>		765,0 Wegscheider Aut

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<b>Men 56 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	155,0 Mellor GBR	
Bench	82,5 Mellor GBR	
Deadlift	175,0 Mellor GBR	
Total	421,5 Mellor GBR	
<b>Men 60 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	225,0 Galkine Rus	155,0 S.Cregan Ire 03.11.10
Bench	125,0 Galkine Rus	80,0 S.Cregan Ire 03.11.10
Deadlift	200,0 Galkine Rus	170,0 S.Cregan Ire 03.11.10
Total	550,0 Galkine Rus	405,0 S.Cregan Ire 03.11.10
<b>Men 67,5 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	200,0 Adam Willis GBR 15.11.08	215,0 Berg GBR
Bench	125,0 Heindl Aut	130,0 Berg GBR
Deadlift	225,0 Heindl Aut	220,0 Berg GBR
Total	520,0 Heindl Aut	550,0 Berg GBR
<b>Men 75 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	282,5 Callan GBR	240,0 Berg GBR
Bench	180,0 Callan GBR	160,0 Hoppenbroewers, Coert Ned 16.11.03
Deadlift	277,5 Callan GBR	262,5 Hoppenbroewers, Coert Ned 28.02.04
Total	740,0 Callan GBR	645,0 Hoppenbroewers, Coert Ned 16.11.03
<b>Men 82,5 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	290,0 Duffy GBR	260,5 Ph.Beniston GBR 24.04.10
Bench	190,0 Duffy GBR	185,5 Ph.Beniston GBR 05.11.10
Deadlift	290,0 Duffy GBR	270,0 Hoppenbroewers, Coert Ned 25.11.04
Total	770,0 Duffy GBR	687,5 Ph.Beniston GBR 05.11.10
<b>Men 90,0 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	316,0 Dean Drury GBR 27.06.08	300,0 D.Drury GBR 24.04.10
Bench	202,5 Tierney, Gerard GBR 24.11.06	190,0 Birring GBR
Deadlift	295,0 Tierney, Gerard GBR 24.11.06	283,0 G.Nicholas GBR 16.04.11
Total	775,0 P.Murphy GBR 16.04.11	752,5 D.Drury GBR 12.11.09
<b>Men 100 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	380,0 West GBR	385,0 West GBR
Bench	215,0 Bell GBR	230,0 D.Smith GBR 15.11.08
Deadlift	345,0 White GBR	335,0 West GBR
Total	945,0 Allison GBR	927,5 West GBR
<b>Men 110 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	342,5 Neighbour GBR	380,0 West GBR
Bench	230,0 Neighbour GBR	200,0 West, Richard GBR 24.11.06
Deadlift	362,5 Carter GBR	332,5 Holleitner, Gerhard Aus 24.11.06
Total	900,0 Neighbour GBR	907,5 West GBR
<b>Men 125 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	347,5 P.Bongers Ned 13.11.09	350,0 Carter GBR
Bench	235,5 Fahner, Jaap Ned 16.11.03	227,5 Gunnar Runnarson Isl 11.11.11
Deadlift	342,5 Fahner, Jaap Ned 26.06.04	365,0 Carter GBR
Total	900,0 Fahner, Jaap Ned 26.06.05	870,0 Fahner, Jaap NL 22.06.06
<b>Men 140 kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	340,5 P.Bongers Ned 15.11.08	350,0 Carter GBR
Bench	210,0 Jens Pollex Ger 28.06.08	210,0 Holleitner, Gerhard AUT 11.11.05
Deadlift	300,0 Smith, Carl Aut	353,5 Carter GBR
Total	830,5 P.Bongers Ned 15.11.08	855,0 Carter GBR
<b>Men 140+ kg</b>	<b>M40-44</b>	<b>M45-49</b>
Squat	421,5 Tregloan GBR	335,0 R.Fricker GBR 26.06.10
Bench	250,0 Tregloan GBR	197,5 R.Fricker GBR 15.11.08
Deadlift	368,0 Tregloan GBR	285,0 R.Fricker GBR 26.06.10
Total	1027,0 Tregloan GBR	800,0 R.Fricker GBR 26.06.10

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<b>Men 56 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 60 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 67,5 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat	192,5 Mullan GBR	185,0 Fidilio, Antonio Ger 20.06.03
Bench	115,0 Mullan GBR	120,0 Fidilio, Antonio Ger 20.06.03
Deadlift	232,5 Mullan GBR	220,0 Fidilio, Antonio Ger 20.06.03
Total	540,0 Mullan GBR	525,0 Fidilio, Antonio Ger 20.06.03
<b>Men 75 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat	240,0 Calin Eschenasy Ger 29.04.07	230,0 K.Elison Isl 02.06.11
Bench	156,0 M'Pasqua Ita	165,0 K.Elison Isl 02.06.11
Deadlift	232,5 Calin Eschenasy Ger 03.05.08	260,0 K.Elison Isl 04.11.10
Total	617,0 Calin Eschenasy Ger 29.04.07	650,0 K.Elison Isl 02.06.11
<b>Men 82,5 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat	277,5 Brown GBR	262,5 Brown R GBR
Bench	170,0 Brown GBR	155,0 Brown R GBR
Deadlift	280,0 Brown GBR	265,0 Brown R GBR
Total	717,5 Brown GBR	682,5 Brown R GBR
<b>Men 90,0 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat	280,0 Jordon GBR	202,5 H.Whale GBR 05.11.10
Bench	177,5 Birring GBR	180,0 H.Whale GBR 05.11.10
Deadlift	287,5 Bannaghan GBR	222,5 H.Whale GBR 05.11.10
Total	717,5 Brown GBR	605,0 H.Whale GBR 05.11.10
<b>Men 100 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat	355,0 J.Gunnarsson Ice 05.11.10	233,0 K.Williams GBR 15.11.08
Bench	212,5 J.Gunnarsson Ice 05.11.10	190,0 A.Neumaier Aut 15.11.08
Deadlift	305,0 J.Gunnarsson Ice 05.11.10	240,0 K.Williams GBR
Total	872,5 J.Gunnarsson Ice 05.11.10	642,5 A.Neumaier Aut 15.11.08
<b>Men 110 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat	375,0 West GBR	275,0 Campbell, Robert GBR 24.11.06
Bench	205,0 H.Whale GBR 25.04.10	200,0 H.Whale GBR 17.04.11
Deadlift	335,0 West GBR	288,0 Brown M GBR
Total	910,0 West GBR	702,5 Campbell, Robert GBR 11.11.05
<b>Men 125 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat	342,5 Carter GBR	320,0 Carter, David GBR 26.06.04
Bench	237,5 R.van der Tak Ned 13.11.09	165,0 Carter, David GBR 26.06.04
Deadlift	357,5 Carter GBR	342,5 Carter, David GBR 26.06.04
Total	900,0 R.van der Tak Ned 07.03.09	827,5 Carter, David GBR 26.06.04
<b>Men 140 kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat	373,0 Carter GBR	345,0 Carter, David GBR 22.06.07
Bench	240,0 R.v.d.Tak Ned 06.03.10	188,0 Carter, David GBR 24.11.06
Deadlift	360,0 Carter GBR	333,0 Carter, David GBR 24.11.06
Total	902,5 Carter GBR	864,0 Carter, David GBR 24.11.06
<b>Men 140+ kg</b>	<b>M50-54</b>	<b>M55-59</b>
Squat	325,0 Richard Fricker GBR 03.06.11	
Bench	175,0 Richard Fricker GBR 03.06.11	
Deadlift	275,0 Richard Fricker GBR 03.06.11	
Total	775,0 Richard Fricker GBR 03.06.11	

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<b>Men 56 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 60 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 67,5 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat	152,5 Necessary Aut	160,0 Luffman GBR
Bench	92,5 Necessary Aut	95,5 Evans GBR
Deadlift	190,0 Evans GBR	180,0 Evans GBR
Total	400,0 Necessary Aut	420,0 Luffman GBR
<b>Men 75 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat	220,0 K.Elison Isl 09.11.11	160,0 Bolotov Rus
Bench	150,0 K.Elison Isl 09.11.11	105,5 Evans GBR
Deadlift	260,0 K.Elison Isl 09.11.11	200,0 Bolotov Rus
Total	630,0 K.Elison Isl 09.11.11	455,0 Bolotov Rus
<b>Men 82,5 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat	210,0 Dillon, Thomas IRL 24.11.06	170,0 William Kidd Irl 02.06.11
Bench	147,5 Dillon, Thomas IRL 24.11.06	120,0 Brown R GBR
Deadlift	235,0 Dillon, Thomas IRL 24.11.06	170,0 Brown R GBR
Total	592,5 Dillon, Thomas IRL 24.11.06	430,0 William Kidd Irl 02.06.11
<b>Men 90,0 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat	165,0 R.Brown GBR 05.11.10	180,0 D.Clements GBR 18.04.09
Bench	95,0 R.Brown GBR 05.11.10	126,0 D.Clements GBR 05.11.10
Deadlift	195,0 R.Brown GBR 05.11.10	200,0 D.Clements GBR 19.04.08
Total	455,0 R.Brown GBR 05.11.10	496,0 D.Clements GBR 05.11.10
<b>Men 100 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat	230,0 K.Williams GBR 25.04.10	190,0 D.Clemens GBR 17.04.11
Bench	200,0 K.Kurscheit Ger	140,0 D.Clemens GBR 17.04.11
Deadlift	235,0 K.Williams GBR 25.04.10	210,0 D.Clemens GBR 17.04.11
Total	610,0 K.Williams GBR 25.04.10	526,0 D.Clemens GBR 17.04.11
<b>Men 110 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat	230,0 Kurscheit, Klaus Ger	160,0 R.Todd GBR 17.04.11
Bench	200,0 Kurscheit, Klaus Ger	120,0 R.Todd GBR 17.04.11
Deadlift	220,0 Kurscheit, Klaus Ger	170,0 R.Todd GBR 17.04.11
Total	640,0 Kurscheit, Klaus Ger	450,0 R.Todd GBR 17.04.11
<b>Men 125 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat	320,0 David Carter GBR 03.06.11	
Bench	165,0 David Carter GBR 03.06.11	
Deadlift	320,5 David Carter GBR 17.04.11	
Total	800,0 David Carter GBR 27.06.09	
<b>Men 140 kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat	345,0 David Carter GBR 28.06.08	
Bench	178,0 David Carter GBR 28.06.08	
Deadlift	335,5 David Carter GBR 15.11.08	
Total	833,0 David Carter GBR 28.06.08	
<b>Men 140+ kg</b>	<b>M60-64</b>	<b>M65-69</b>
Squat		
Bench		
Deadlift		
Total		

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<b>Men 56 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 60 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 67,5 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat	130,0 B.Evans GBR 18.04.09	
Bench	50,0 B.Evans GBR 18.04.09	
Deadlift	147,5 B.Evans GBR 18.04.09	
Total	327,5 B.Evans GBR 18.04.09	
<b>Men 75 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 82,5 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 90,0 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat	166,0 Dominic Avo GBR 2.6.11.	
Bench	115,5 Dominic Avo GBR 2.6.11.	
Deadlift	183,5 Dominic Avo GBR 2.6.11.	
Total	465,0 Dominic Avo GBR 2.6.11.	
<b>Men 100 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 110 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 125 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 140 kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat		
Bench		
Deadlift		
Total		
<b>Men 140+ kg</b>	<b>M70-74</b>	<b>M75-79</b>
Squat		
Bench		
Deadlift		
Total		

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<b>Men 56 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 60 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 67,5 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 75 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 82,5 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 90,0 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 100 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 110 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 125 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 140 kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	
<b>Men 140+ kg</b>	<b>M80+</b>
Squat	
Bench	
Deadlift	
Total	